

Flow Cytometric Analysis of Extracellular Vesicles

Indirect staining **inside** of the vesicles

Samples:

Platelet free plasma (PFP)

(Do not use re-frozen samples!)

Preparations:

Buffers:

- Prepare 0,2um filtered PBS and 4% PFA.

Anti-body:

- Dilute the antibody ten folds with PBS
- Centrifuge at 12500 g for 1 minute at 4C
- Pipette the supernatant to a new eppendorf tube (**AB**)
- Protect from the light!

Sample Preparations:

- add 3-3 uL PFP samples to FACS tubes (If looking for a rare population, it is advisable to test isolated iEV samples rather than diluted plasma.)
- add 100-100 uL 0,2 um filtered 4% PFA to FACS tubes.
- add 5-5 uL primer AB to FACS tubes
- Incubation: 15 minutes, 4 C, protected from light
- add 5-5 uL secunder AB to FACS tubes
- Incubation: 15 minutes, 4 C, protected from light

- add 0,2 um filtered PBS to FACS tubes, such that a final volume can be 300 µL.
- Add 50-100 uL count check bead
(If we have to determine the absolute number of the vesicles, we have to use Count Check beads. For examples: 50uL from the medium count check beads, or 100 uL from the low count check beads, or 50 uL from PKH-beads. Any bead can be used well, but it is always necessary to know how many beads we have put in the tubes, because later we calculate the absolute vesicle number based on this.)

Measuring Extracellular Vesicles by FACSCalibur:

- Open the measuring protocol: Empty/EV protocols/iEV protocol
- Instrument settings: Empty/EV settings/iEV setting
- Acquisition and storage: 1 minute
- Triton lysis not works on fixed samples!

Required Controls:

(These technical controls are required to evaluate the measurement.)

- Unstained sample
- Buffer+ primer AB+ secunder AB
- Sample+ secunder AB

Alternatives:

If we have too big background signal (from the Buffer+ primer AB+ secunder AB control), try to isolate the iEV-s, and add some extra washing steps to the protocol. Work in eppendorf tubes!

- After the first incubation (with the primer AB) add 1 mL filtered PBS and centrifuge it (12 500g, 20 minutes).
- Take off the sup.nat, add 50 uL filtered 4% PFA to eppendorf tube.

- Add 5 uL secunder AB.
- Incubation: 15 minutes, 4 C, protected from light.
- add 1 mL filtered PBS and centrifuge it (12 500g, 20 minutes).
- Take off the sup.nat, add 300 uL filtered PBS to eppendorf tube.
- Pipette the sample to FACS tube.